



Tzatziki Chicken Salad
Wednesday, August 19, 2009

Recipe courtesy of Janelle Cesari from Whole Foods Market in Springfield, VA

Ingredients:

- 1 lb boneless, skinless chicken breasts
- 1 cucumber - medium-sized, peeled and diced
- 1 red bell pepper – peeled and diced
- ½ red onion, chopped
- ½ cup Cava Mezze Tzatziki
- Juice of ½ lemon
- extra-virgin olive oil
- salt and pepper (to taste)

Direction:

1. Preheat oven to 350° F.
2. Rub chicken breasts with olive oil, and bake for about 20 minutes until done.
3. Allow chicken to cool and then chop into small cubes.
4. Combine chicken breast cubes and remaining ingredients in a bowl. Mix and season to taste with salt and pepper.
5. Serve on salad greens, or with pita bread

Serves 4